

# Child Development Additional Resources

Title, Date & Author	Brief Synopsis	Additional Notes
<p>Watts-English, T., Fortson, B.L., Gibler, N., Hooper, S.R., &amp; DeBellis, M.D. (2006). The psychobiology of maltreatment in childhood. <i>Journal of Social Issues</i>, 62(4), 717-736.</p>	<p><b>Psychological impact on children, especially boys, who are abused.</b></p> <p>This article examined the effect of maltreatment (physical abuse, sexual abuse, emotional abuse, emotional neglect and physical neglect) in children on brain development and later psychological problems. The authors summarize numerous studies of maltreated children. The studies examined brain development through scans and measured hormone and chemical levels which affect the brain. There was also a gender-related effect indicating that boys may be more vulnerable to the effects of maltreatment.</p>	<p><a href="http://onlinelibrary.wiley.com/">http://onlinelibrary.wiley.com/</a></p>
<p>Committee on Early Childhood, Adoption and Dependent Care. (2000). Developmental issues for young children in foster care. <i>Pediatrics</i>, 106 (5), 1145-1150.</p>	<p><b>Comprehensive pediatric assessment and treatment</b></p> <p>This article emphasizes the need for, and components of, a comprehensive pediatric assessment and court-approved individualized treatment plan to address each child's development and mental health needs.</p> <p>The article specifically examines several difficulties of addressing infant neglect in the court system. The authors provide recommendations for child advocates and family court judges in examining the infant and his parents and developing a plan for reunification which could be very helpful.</p>	<p><a href="http://aappolicy.aappublications.org/">http://aappolicy.aappublications.org/</a></p>

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<p>New York State Permanent Judicial Commission on Justice for Children. (nd). Ensuring the healthy development of foster children: A guide for judges, advocates &amp; child welfare professionals. Retrieved from <a href="http://www.courts.state.ny.us/ip/justiceforchildren/publications.shtml#h">http://www.courts.state.ny.us/ip/justiceforchildren/publications.shtml#h</a>.</p>	<p><b>Ensuring that Children are Receiving Appropriate Mental and Physical Health Treatment.</b></p> <p>This article has a good checklist of questions that judges should ask to ensure that the children are receiving appropriate mental and physical health services. See also, "Healthy Beginnings, Healthy Futures;" "In the Best Interest of the Infant."</p>	<p><a href="http://www.courts.state.ny.us/">http://www.courts.state.ny.us/</a></p>
<p>Silver, J., DiLorenzo, P., Zukoski, M., Ross, P., Amster, B. &amp; Schlegel, D. (1999) Starting young: Improving the health and developmental outcomes of infants and toddlers in the child welfare system. In K. Barbell &amp; L. Wright (Eds.), <i>Family foster care in the next century</i> (pp. 149-166). Piscataway, NJ: Transaction Publishers.</p>	<p><b>Developmental Risk and Protective Factors</b></p> <p>This chapter opens with a vignette about the developmental assessment of a malnourished and underdeveloped 16 month-old child, Jason, and tracks Jason's developmental progress throughout the chapter.</p> <p>It addresses the process of development, including prenatal factors that affect later growth and functioning, and the factors regulating child development (nature vs. nurture).</p> <p>Next, it reviews developmental risk factors (maternal substance abuse, exposure to violence, lack of attachment, and maltreatment) and protective factors (emotionally invested alternate caregivers, good health care).</p> <p>The chapter closes with a discussion of a pediatric developmental follow-up program for infants and toddlers who are monitored by the child welfare system, called The Starting Young Program. This program provides supports to children and their caregivers through the collaboration of health care, early intervention, and child welfare services to improve the children's health and developmental outcomes.</p>	<p>This chapter is heavily cited and uses several psychological studies to support its conclusions.</p> <p>The section on developmental risk factors and protective factors is relevant for dependency judges.</p> <p>Although some parts are fairly scientific, the organization of the chapter and the way it uses Jason's story to illustrate certain points makes it accessible to the reader.</p> <p><a href="http://www.ncbi.nlm.nih.gov/pubmed/">http://www.ncbi.nlm.nih.gov/pubmed/</a></p>

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<p>Hagele, D.M. (2005). The impact of maltreatment on the developing child. <i>NC Medical Journal</i>, 66(5), 356-359.</p>	<p><b>Medical and psychological impact on adults who were abused as children.</b></p> <p>Adults with a history of child abuse are twice as likely to suffer serious health problems, including chronic fatigue syndrome, altered thyroid function, altered immune function, eating disorders, asthma, hypertension, and ulcer disease.</p> <p>The adults also suffer psychological effects from child abuse, such as deficiencies in attention, abstract reasoning, impulse control, long term memory and dysfunctional interpersonal relations.</p>	<p>This article is written by a MD MPH who consults with the North Carolina Child Medical Evaluation Program.</p> <p><a href="http://www.ncmedicaljournal.com/">http://www.ncmedicaljournal.com/</a></p>
<p>Dicker, S. (2009). <i>Improving outcomes for babies in the child welfare system</i>. Baltimore, MD: Brookes Publishing Co.</p>	<p><b>Early Brain development and the Importance of Early Relationships</b></p> <p>This book chapter, in addition to providing an overview of research on infancy, makes a case for teaching parents and caregivers to better read a child's cues and to be more attentive to their moods and needs. The chapter begins with a case study that highlights proactive judicial intervention. Guarding against placement disruption is stressed, as well as enhanced matching requirements for out of home care. It is noted that the regularity of visits is one of the best predictors of reunification. Basic health care and early childhood education are also factors that improve outcomes for children.</p>	<p>This is a more recent publication written by Attorney Sheryl Dicker. Judges can apply the recommendations of this chapter by asking the questions in this publication:</p> <p><a href="http://www.wiley.com/bw/journal.asp?ref=0161-7109&amp;site=1">http://www.wiley.com/bw/journal.asp?ref=0161-7109&amp;site=1</a></p>
<p>Donadio, B. &amp; Wilen, S. (2010). Applying the realities of child development to legal representation: A quick reference for lawyers and judges. <i>Michigan Child Welfare Law Journal</i>, 13(2), 17-24.</p>	<p><b>Child development and developmental milestones</b></p> <p>This article provides a general overview of developmental milestones for children and deviations from the normal development.</p>	<p><a href="http://chanceatchildhood.msu.edu/">http://chanceatchildhood.msu.edu/</a></p>

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<p>Wotherspoon, E., O'Neill-Laberge, M. &amp; Pirie, J. (2008). Meeting the emotional needs of infants and toddlers in foster care: The collaborative mental health experience. <i>Infant Mental Health Journal</i>, 29(4), 377-397.</p>	<p><b>Strategies for foster parents caring for children with emotional problems.</b></p> <p>The article discusses strategies for foster care parents to deal with the emotional problems that foster children face.</p>	<p>This is a call for more infant mental health services.</p> <p><a href="http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1097-0355">http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1097-0355</a></p>
<p>Cook, A., Spinazzola, J., Ford, F., Lanktree, C., Blaustein, M., Sprague, C., Cloitre, M., DeRosa, R., Hubbard, R., Kagan, R., Liataud, K.M., Olafson, E., &amp; Van der Kolk, B. (2007). <i>Complex trauma in children and adolescents. Focal Point</i>, 21(1), 4-8.</p>	<p><b>A blueprint for understanding and remediating complex trauma</b></p> <p>This article discusses the negative effects on children caused by multiple traumatic events. It identifies and discusses the seven primary domains of impairment observed in children exposed to complex trauma (attachment, biology, affect regulation, dissociation, behavioral regulation, cognition, and self-concept).</p> <p>The article stresses the crucial role that the caregiver plays in determining how the child will adapt to experienced trauma.</p> <p>It also provides general assessment and treatment tips.</p>	<p>The information in this article is not directly cited, but is generally attributed to two sources listed at the end of the article.</p> <p><a href="http://www.nctsn.org/">http://www.nctsn.org/</a></p>
<p>University of Pittsburgh, School of Social Work, Child Welfare Training Program. <i>Effects of abuse and neglect on development: Core 103 curriculum, handout #4</i>. Harrisburg, PA: Pennsylvania Department of Public Welfare, Office of Children, youth and Families.</p>	<p><b>Abuse and Neglect Checklist by Developmental Stage</b></p> <p>This is a bullet-pointed list that highlights the physical, cognitive, social, and emotional effects of abuse/neglect on development. It is broken down into sections based on different stages of development (e.g., Infants/Toddlers, Preschool Children, School Age, and Adolescents).</p>	<p>This is a bullet-pointed list. It is not authoritative, contains no citations and no tips/recommendations for practical use.</p> <p>However, it may be helpful because it is a quick read with basic information about the various effects of abuse/neglect</p> <p><a href="http://www.pacwcbt.pitt.edu/">http://www.pacwcbt.pitt.edu/</a></p>

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<p>Lawrence, C.R., Carlson, E.A., &amp; Egeland, B. (2006). The impact of foster care on development. <i>Development and Psychopathology</i>, 18, 57-76.</p>	<p><b>The Effectiveness of Foster Care</b></p> <p>This is an academic study of the effects of foster care on the development of child behavior and psychological functioning. Three groups were analyzed: children in foster care, children who were maltreated and remained at home, and children who had not experienced foster care or maltreatment, but had similar demographics to the other two groups. Children in foster care exhibited significant behavior problems compared to the other children.</p>	<p>This article is in an academic publication and better suited for scholars than practitioners.</p> <p><a href="http://journals.cambridge.org/action/displayJournal?jid=DPP">http://journals.cambridge.org/action/displayJournal?jid=DPP</a></p>
<p>Masten, A.S. (2001). Ordinary magic: Resilience processes in development. <i>American Psychologist</i>, 56(3), 227-238.</p>	<p><b>Resilience Defined</b></p> <p>This article concludes that resilience is common and that it arises from ordinary phenomena, such as intellectual functioning, and effective parenting.</p>	<p>An academic journal article with extensive references. This is a positive, hopeful and strength based article.</p> <p><a href="http://psycnet.apa.org/journals/amp/">http://psycnet.apa.org/journals/amp/</a></p>

